



# Personal care decision making

(This includes decisions about daily living such as where to live, diet, clothing, hygiene, and activities)

Is the person capable of making an informed decision about their personal care?

YES

NO

MAYBE

Proceed with the person's instructions.

Consider the following strategies to better support decision-making:

- are they in a good mood?
- are they lucid?
- can you come back at a different time to revisit the decision?
- can you give them time to consider the decision?
- can you explain the decision and consequences differently?
- can you involve a support person to assist them to make an informed decision?
- can they express their wishes about the decision?
- can you support a different communication method? i.e. visual aids, plain language, have a language interpreter

After trying these strategies, can the person provide informed consent?

YES

NO

Proceed to Substitute Decision Making Tool.

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